EMBODY CHRIST’S LOVE

THOSE WHO ARE NOURISHED BY THE BREAD OF CHRIST CANNOT REMAIN INDIFFERENT TO THOSE WHO DO NOT HAVE THEIR DAILY BREAD.

—Pope Francis

CRS HELPING HANDS MISSION

Recognizing Jesus Christ’s call to love our neighbor, Catholic Relief Services Helping Hands serves the vulnerable in two ways: We provide food for immediate hunger relief, and fund income-generating projects to prevent hunger in the long term.

HOSTING AN EVENT

CRS Helping Hands is fun, educational and inspirational. Young and old come together for an hour or two, standing shoulder to shoulder to package nutritious meals for people suffering from food shortages.

Our events are a tangible way for volunteers to live out the Eucharistic call to serve our hungry brothers and sisters overseas. CRS Helping Hands events can increase engagement and volunteerism, launch other social justice programs, provide a unique Confirmation or school activity, and kick off diocesan or parish-wide strategic efforts.

The organization hosting the event—such as a diocese, parish, school, community or religious group—provides:

- A minimum event fee of $5,076
- At least 40 volunteers
- Space for the event
- Tables
- A commitment to package at least 10,152 meals
OUR WORK IN BURKINA FASO

All meals packaged are designated for Church-run centers in Burkina Faso. In addition to sending meals, CRS Helping Hands also provides grants—from funds raised by your community—for income-generating projects that will help those we serve have food in the long term.

We partner with more than 25 Church-run centers that serve the most vulnerable populations in Burkina Faso, including the sick and the elderly.

A large portion of the population in Burkina Faso depends on subsistence farming, yet the region experiences cyclical droughts and flooding every year that often destroys farmers’ crops. As a result, 1 in 5 people are at risk of going hungry. That’s why it is so important to help our brothers and sisters in Burkina Faso secure their daily bread now—and in the future.

FOR MORE INFORMATION:

410-951-7485 or helpinghands@crs.org
http://helpinghands.crs.org/

@CRSHelpingHands
CRS Helping Hands

INCLUDED IN YOUR EVENT FEE:

■ Food supplies, equipment and event coordination
■ Faith-formation and educational resources
■ Promotional resources
■ Shipment and distribution of food
■ Wraparound programming

“BURKINA FASO IS A POOR COUNTRY, AND MOST PEOPLE IN THE UNITED STATES CAN’T EVEN FIND IT ON A MAP. BUT EVEN THOUGH YOU DON’T KNOW THE FACE OF THE CHILDREN YOU ARE SENDING THIS FOOD TO, YOU ARE HELPING. I CAN TELL YOU HOW WE FEEL. WE FEEL THANKFUL, SO THANKFUL FOR WHAT YOU ARE DOING.”

—Cardinal Philippe Ouedraogo